

Sprout Term 2, 2018

Sandwiches

(wholemeal only)

Honey	\$2.50
Vegemite	\$2.00
Cheese	\$3.00
Cheese/vegemite	\$3.20
Tomato	\$3.50
Cheese/Tomato	\$4.00
Ham	\$4.00
Cheese/Ham	\$4.50
Cheese/Ham/Tom	\$5.00
Salad	\$3.50
Tuna	\$4.00
Tuna/Salad	\$4.50
Cheese/Salad	\$4.50
Ham/Salad	\$5.00
Ham/Cheese/Salad	\$5.50

**PLEASE ADD 50c FOR
TOASTED.**

Sandwiches available
every day

Daily Specials

Monday

Sandwiches and Toasties Only

Tuesday

Sausage Roll	\$4
Cheese and Spinach pie	\$3.50

Wednesday

Chicken Wrap - Full \$5/ half \$3

(marinated chicken breast, sumac, lettuce, cucumber, yoghurt and garlic sauce on Lebanese bread)

Falafel Wrap - Full \$5/ half \$3

(falafel, tomato, lettuce, yoghurt and garlic sauce, on Lebanese bread)

Thursday

Pizza, Margarita only	\$3.50
(dough and pizza sauce made in house)	

Friday

Creamy tomato and veggie Pasta	\$4
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*A container and eating utensil
must be provided for pasta!!*

Snacks

(House-made)

Biscuits	\$2
Muffins	\$2
Mini Muffin	\$1
Popcorn	\$1

Also available

Fruit	\$1
Licorice	20c per piece
Icy pole	\$2
Pretzels	\$1 per bag

*We are nut free and all meat
and cheese are halal. Options
available for gluten free and vegan
sandwiches. If you have any special
requirements or questions regarding
our ingredients, please come and
speak with us.*

Morning cafe

Coffee	\$3.50
Large	\$4.50
Tea	\$2.50
Herbal	\$2.50
Hot Chocolate	\$3.50
Large	\$4.50
Kid's hot choc	\$2
Babycino	50c

