

Welcome to Sprout 2017

A very warm welcome to all the new members of our community and a hearty welcome back to all those returning!

A Little Bit About Sprout

Ours is a school canteen, this means that it is operated by the school, not an outside source. A manager is employed by the school to run all aspects of food production, canteen maintenance and volunteer coordination. Sprout has a committee that reports to school council.

Our philosophy and aim is to nourish and support the student's learning with wholefoods that are prepared on site and are preservative and additive free. We hope to contribute to healthy bodies and minds that will assist our children in both the classroom and the playground. Sprout is nut free and every effort is made to accommodate all food allergies.

Ordering Lunches

The process is straightforward.

- Write out your lunch order, including your child's name and class (e.g unit AH) and place it in a lunchbox along with payment. Alternatively you could write it on a paper bag with payment inside.
- Your child puts the order into the lunch order box in their classroom first thing in the morning. Please remind your child when they have a lunch order.
- The class lunch order box is then brought to the canteen where the orders are recorded box by box.
- Lunches are prepared and packed back into each class box and picked up just before the lunch bell.
- Please be mindful when ordering snacks with lunches that we may not have exactly what you order. As we prepare snacks daily, they are not specifically the same, e.g. one day we may have raspberry muffins, the next, banana. Also, icy poles and hot chocolates are not deliverable please do not order them with lunches. They can only be purchased over the counter.
- One last thing! Due to the type of canteen we are and the processes required, we cannot cater to individual requests. Every attempt is made to provide variety to suit all tastes. However, if you have specific allergies or food requirements, please come and speak with me.
- **We do not take orders for recess; recess needs to be purchased directly from the canteen.**

Coffee

As you may be aware the canteen has an espresso machine. We warmly welcome you all to come and have a coffee, tea or hot chocolate in the morning after drop off.

Every effort is made to provide treats for hungry parents and little ones, but please be aware that we are not an actual café and as such these may be limited from time to time.

Sprout is a communal space. Our aim is to create an open, friendly, relaxed and neutral meeting place for the whole school community. It is a great way to meet other parents, forge new friendships and stay up to date with what is happening around the school.

Please don't hesitate to come and see me with any questions you may have.

I look forward to seeing you at Sprout!

Best Regards,

Kris Bidenko
Canteen Coordinator